

7. COURSES OF FIRE

7.1 Los Alamitos Pistol Match - This course is divided into five stages for a total of 42 shots fired at 7, 10, and 25 yards:

- (a) 7 yards - 2 1/2 seconds for each of three strings 2 shots per string, on one each of three targets per string.
- (b) 7 yards - 5 seconds 6 shots, 2 shots at each of 3 targets.
- (c) 7 yards - 6 seconds, 6 shots, 2 shots at each of three targets using strong hand only.
- (d) 10 yards - 18 seconds, 12 shots, 2 shots at each of three targets-reload-2 shots on same three targets using weak hand only.
- (e) 25 yards - 2 x 10 second strings, 2 x 6 shots, 2 shots at each of three targets from right side of barricade-reload and on signal repeat procedure from left side of barricade.

7.2 The Flying "M" - This course is a man against man:

- (a) Targets will be placed at 7, 10, and 15 yards, the 7 yard target will be a metal plate. 4 strings with a minimum of 3 shots per string. 2 strings to the right and 2 strings to the left. No time limit 7 yard target will stop the time.

7.3 The Moving Target - This course will be shot in three stages, 24 shots:

- (a) 7 yards - 12 shots, 2 strings of 6 shots as target moves right to left, 50 feet in 5 seconds.
- (b) 15 yards - 6 shots, 2 strings of 3 shots as target moves right to left, 50 feet in 5 seconds.
- (c) 25 yards - 6 shots, 3 strings of 2 shots as target moves right to left, 50 feet in 5 seconds.

7.4 International Rapid Fire Modified - This course will be 30 shots at 25 meters. The course is subdivided into 6 strings of 5 shots each, two in 8 seconds, two in 6 seconds, and two in 4 seconds.

7.5 Advanced Military Pistol Match - This course is divided into 6 stages:

- (a) 50 yards - 5 shots NRA fifty yard slow fire target (pistol). Time Limit: 30 seconds.
- (b) 50 yards - 5 shots 15 seconds.
- (c) 25 yards - 10 shots, 10 strings, 1 shot per 2 1/2 second string.
- (d) 10 yards - 10 shots, 5 shots at one target reload, and 5 more shots at same target.
- (e) 10 yards - 12 shots, 2 strings of 6 shots, 2 shots on each of 3 targets, then repeat 4 seconds per string.
- (f) 10 yards-8 shots, 8 strings of one shot each, on one target, one and one half seconds per string.

7.6 Practical Event - Competitors must fire the 10 yard line segment in the standing position. Competitors may fire the 15, 25, and 50 yard segments in the prone position at their option. This course is divided into four stages. Each stage has three strings and 12 shots per stage. 48 shots:

- (a) 10 yards - one shot each target within three seconds, two shots each target within four seconds, and three shots each target eight seconds.
- (b) 15 yards - one shot each target within four seconds, two shots each within 5 seconds, and three shots each target within six seconds.
- (c) 25 yards - one shot each target five seconds, two shots each target six seconds, and three shots each target seven seconds.

- (d) 50 yards - one shot each target seven seconds, two shots each target ten seconds, and three shots each target fifteen seconds.

7.7 Barricade Event - All competitors must fire all stages in the standing position. All competitors may use the Barricade for support. No portion of the firearm to rest against the Barricade for Open Modified, Metallic or Production Firearm categories. This course will be divided into four stages, two strings per stage, 6 shots per string, 48 shots; all shots will be fired from behind a barricade:

- (a) 10 yards - 6 shots in 5 seconds, 2 strings.
- (b) 15 yards - 6 shots in 6 seconds, 2 strings.
- (c) 25 yards - 6 shots in 7 seconds, 2 strings.
- (d) 35 yards - 6 shots in 8 seconds, 2 strings.

7.8 Moving Target Event (Modified) - Competitors must fire all stages in the standing position. This course will be divided into four stages of 12 shots each, target will travel 60 feet in six seconds. 48 shots:

- (a) 10 yards - 6 shots in 6 seconds, 2 strings.
- (b) 15 yards - 6 shots in 6 seconds, 2 strings.
- (c) 20 yards - 3 shots in 6 seconds, 4 strings.
- (d) 25 yards - 3 shots in 6 seconds, 4 strings.

7.9 Falling Plate Event - Competitors must fire the 10 yard line segment in the standing position. Competitors may fire the 15, 20, and 25 yard line segments in the prone position at their option. This course will be divided into four stages; each stage will have two strings, 6 shots per string. 48 shots; targets will be 8" round metal plates:

- (a) 10 yards - 6 shots in 6 seconds, 2 strings.
- (b) 15 yards - 6 shots in 7 seconds, 2 strings. 13
- (c) 20 yards - 6 shots in 8 seconds, 2 strings.
- (d) 25 yards - 6 shots in 9 seconds, 2 strings.

7.10 Tyro Course - This course will be divided into three stages: all firing will be at 10 yards, 24 shots 3 targets at each stage:

- (a) 3 strings of 2 shots in 5 seconds each target.
- (b) 6 shots in 8 seconds 2 shots on each target.
- (c) 6 shots reload 6 shots, 20 seconds 4 shots each target.

7.11 Speed Event - This course will be "man-against-man" competition, utilizing Speed Plate (steel) targets (See Rule 4.4), with firing done at 10 yards:

- (a) There will be a stationary timer stop-plate and four (4) knockdown plates placed three (3) feet apart edge-to-edge. All five targets positioned in a fan to the left and right of two 3- foot square firing areas which are 6- feet apart edge-to-edge. Targets may be placed at varying heights at sponsor's discretion.
- (b) Phase One - qualification: Competitor may fire a maximum of 6 shots at the targets, three times in left side and three times in right side portion. No time limit, stop plate stops the clock. Total of fastest five times out of six counted for competitor's score. Six fastest competitors continue to Phase two.
- (c) Phase Two - finals: Same course as phase one, but repeated until one competitor wins 3 times,

alternating between right and left sides each time. This constitutes one (1) bout. Each competitor shall complete one bout with every other competitor, with the competitor winning the most bouts being the winner.

7.12 Crawford Barricade Event - This course will be divided into four stages, two strings per stage, six shots per string. 48 shots; all shots will be fired from behind a barricade:

- (a) 10 yards - 6 shots in 8 seconds, 2 strings.
- (b) 15 yards - 6 shots in 9 seconds, 2 strings.
- (c) 25 yards - 6 shots in 10 seconds, 2 strings.
- (d) 35 yards - 6 shots in 11 seconds, 2 strings.

7.13 Combat Event - An aggregate of the following stages:

Stage 1 - 7 Yards - 12 shots from the standing without support position. Eighteen seconds, time starts with loaded gun in holster and includes reloading for second 6 shot string.

Stage 2 - 25 Yards - 6 shots kneeling, 6 shots standing left side from behind the barricade, 6 shots standing right side from behind the barricade. Sixty seconds, time starts with loaded gun in holster and includes reloading for subsequent 6 shot strings.

Stage 3 - 50 Yards - 6 shots sitting, 6 shots prone, 6 shots standing left side from behind the barricade, and 6 shots standing right side from behind the barricade. Two minutes, time starts with loaded gun in holster and includes reloading for subsequent 6 shot strings

Stage 4 - 25 Yards - 6 shots standing without support. Ten seconds, time starts with loaded gun in holster.

NOTE: Indoor firing will be done at 25 ft. for 25 yd. stages and 50 ft. for 50 yd. stages.

7.14 Indoor Courses - Using the AP-1 and AP-2 targets, the following courses can be fired indoors in Sanctioned Competition:

- (a) Los Alamitos Pistol Match
- (b) International Rapid Fire Modified
- (c) Advanced Military Pistol Match
- (d) Practical Event
- (e) Barricade Event
- (f) Crawford Barricade Event
- (g) Combat Event (B24 target)
- (h) Unsupported Standard Match
- (i) Speedload Challenge Event
- (j) Tyro Course

(See Section 10)

7.15 Ambidextrous Match - This course will be divided into three stages, 48 shots; targets will be 8" round metal plates.

- (a) 10 yard stage 6 shots, freestyle; 6 shots strong hand only unsupported; 6 shots weak hand only unsupported. Time Limit-6 seconds per string
- (b) 15 yard stage - Same as 10 yard, but time limit 7 seconds per string
- (c) 20 yard stage - Two 6 shot strings, freestyle; 8 seconds per string.

7.16 Unsupported Standard Match - This course will be divided into four stages, two strings per stage, six shots per string. Three D1 targets.

- (a) 10 yards - 6 shots strong hand only, unsupported, 6 shots weak hand only, unsupported. 6 seconds time limit per string.
- (b) 15 yards - Same as 10 yards, 7 seconds per string.
- (c) 20 yards - Same as 10 yards, 8 seconds per string.
- (d) 25 yards - Same as 10 yards, 9 seconds per string.

7.17 The Speedload Challenge Event - This course will be divided into four stages, two strings per stage with a reload, six shots per string. Three D-I targets.

- (a) 10 yards- 6 shots freestyle, reload, 6 shots weak hand only. 14 seconds total time.
- (b) 15 yards- 6 shots freestyle, reload, 6 shots strong hand only. 16 seconds total time.
- (c) 25 yards- 6 shots freestyle, reload, 6 shots freestyle. 18 seconds total time.
- (d) 50 yards- 6 shots freestyle, reload, 6 shots freestyle. 23 seconds total time.