

# 5 METER BB GUN

## Rule changes effective 2012

**3.13 Slings** – Slings not exceeding 1 1/4 inches in width, with moveable keepers are permitted in the prone, sitting, and kneeling positions. Sling cuffs and pads are prohibited. Sling keepers or fasteners used as sling keepers that can be tightened by mechanical means are permitted. Slings are to be attached to the BB gun at a fixed attachment point on the forearm. The forearm may have up to four holes that will accept a screw for the sling attachment. No other type of adjustable sling attachment is permitted.

**5.8 Sitting** – Weight of the body supported on the buttocks and the feet or ankles, no other portion of the body touching the ground. The BB gun will be supported by both hands and one shoulder only. Elbows may rest on the legs at any point above the ankles. (The elbow is defined as 4 inches from the point of the arm when bent.) No portion of a competitor's foot may cross the firing line.

**5.10 Kneeling** – The competitor shall touch the ground with the right foot, the right knee and the left foot. The BB gun shall be held in the same way as when shooting in the prone position, i.e., with both hands and the right shoulder. The left elbow shall be supported on the left knee. The point of the elbow may not be more than 10 cms (3.9 inches) from the point of the knee. The BB gun may be held by means of the sling. If the kneeling roll is placed under the instep of the right foot, the foot may not be turned at an angle of more than 45 degrees. If the kneeling roll is not used, the foot may be positioned at any angle, to include placing the side of the foot and the lower leg in contact with the ground. No portion of the upper leg or buttocks may touch the ground at any point. Competitors may kneel completely on the ground cloth (Rule 3.10) or they may only have one or two of the three points of contact (toe, knee, foot) on the ground cloth. (Left handed competitors reverse these descriptions.) No portion of a competitor's foot may cross the firing line.

**5.12 Standing** – The competitor shall stand free with both feet completely on the ground. The BB gun shall be held with both hands and the shoulder, or the upper half of the upper arm closest to the shoulder, the cheek and the part of the chest next to the shoulder. The upper left arm and elbow may be supported on the chest or on the hip. The sling cannot be used. (Left handed competitors reverse these descriptions.)

**6.2.1 Target Height** – No portion of the paper target will be below 3 feet or above 5 feet in standing.